

Local

Senior Games in the Park is May 31

✎ By Austin Ramsey Messenger-Inquirer

🕒 05.22.17

The Green River Area Development District will host the 2017 Senior Games in the Park on May 31 at Panther Creek Park.

Formerly known as the Masters Athletic Challenge, and offering events such as tennis, golf, bowling and billiards, organizers said this year that they wanted to restrict the games to a single-day event --much like a picnic -- to attract a larger audience and be more accessible to seniors of different physical abilities.

While the format and venue have changed, this annual event continues to promote physical fitness and healthy competition among area residents age 50 and above.

"Staying active and enjoying a nice day outside can help increase a person's motivation to do more things and live an active lifestyle," said Sarah Ackerman, a consumer direction option support broker with GRADD. "We have quite a few signed up already. The games that we have included this year most anyone at any level can participate in. It doesn't exclude people who may not be able to participate based on their physical capabilities."

Registration for the event starts at 8 a.m. May 31 and the games will begin at 9 a.m.

Events this year include basketball "hot shot," bocce ball, corn hole, a football throw, softball throw, "washers" and bingo.

Registration is \$5, which covers a lunch.

In addition to GRADD, BB&T and the Daviess County Parks & Recreation Department are sponsoring the event.

To register, or for more information, visit the GRADD website, gradd.com, or call Ackerman or Leslie Wilson at 1-800-928-9094

Austin Ramsey, 270-691-7302, aramsey@messenger-inquirer.com, Twitter: [@austinrramsey](https://twitter.com/austinrramsey)